

## **SCHOOL MENU** 18.10. - 22.10.2021

DINING MENUS: K1& K2 = Kindergarten breakfast, S = morning snack, L reg. = regular lunch, L veg. = vegetarian lunch, AC/S = Afternoon care snack, KS = Kindergarten snack, SS = school scheme (EU)

		TROPS - Triterhoon care shack, RS - Rindergarten shack, SS - school scheme (LO)
MONDAY	K1 & K2	Dark bread* <sup>1a</sup> , strawberry frappe* <sup>7</sup> , mandarin
	S	Dark bread* <sup>1a</sup> , fruit kefir* <sup>7</sup> , mandarin
	L reg.	Tomato soup*1a,7, beef steaks in natural sauce*1a,10, rice with leek, lettuce salad with beetroot, grapes
	L veg.	Tomato soup*1a,7, grilled cheese*7, rice with leek, lettuce salad with beetroot, grapes
	AC/S	Wholemeal croissant*1a,b,6,3,7, pear
	KS	Wholemeal croissant*1a,b,6,3,7, pear
TUESDAY	K1 & K2	Organic oatmeal bread*1a, butter*7, honey, fruit tea, apple
	S	Organic oatmeal bread*1a, butter*7, honey, fruit tea, apple
	L reg.	Pumpkin soup*1a,7, chicken & string bean stew*1a, mashed potatoes*7 / polenta, lettuce and cabbage with beans salad
	L veg.	Pumpkin soup*1a,7, veg. string bean stew*1a,6, mashed potatoes*7 / polenta, lettuce and cabbage with beans salad
	AC/S	Cornmeal bun*1a, organic milk*7
	KS	Cornmeal bun*1a, organic milk*7
WEDNESDAY	K1 & K2	Semi-white bread*1a, soy patty*1a,6, 'ajvar', salad, lemonade, ringlo-plum
	S	Semi-white bread bun*1a, soy patty*1a,6, 'ajvar', salad, lemonade, ringlo-plum
	L reg.	Pea soup*1a,7, tuna in tomato sauce*1a,4, cheese ravioli*1a,7,3, grated cheese*7, lettuce salad with lamb's lettuce & egg, grapes
	L veg.	Pea soup*1a,7, tuna in tomato sauce*1a,4, cheese ravioli*1a,7,3, grated cheese*7, lettuce salad with lamb's lettuce & egg, grapes
	AC/S	Fruit curd*7, grissini *1a
	KS	Fruit curd*7, grissini *1a
THURSDAY	K1 & K2	Fruit cereal flakes*1a,d,c,8,6,7,5, milk*7, organic banana
	S	Chocolate cereal flakes*1d,c,6, milk*7, organic banana
	L reg.	Grilled turkey fillet*1a, fries*1a,3,7,9, broccoli, side dish - cauliflower & carrots, dressed salad, pineapple
	L veg.	Mushrooms in a creamy sauce*1a,7, fries*1a,3,7,9, side dish - broccoli, cauliflower & carrots, dressed salad, pineapple
	AC/S	Wholemeal bread roll*7,11, cheese*7, apple juice
	KS	Wholemeal bread roll*7,11, cheese*7, apple juice
FRIDAY	K1 & K2	Organic Kamut bread*1a, cereal coffee*7,1c, khaki
	S	Organic Kamut cake*1a, cereal coffee*7,1c, khaki
	L reg.	Chickpea stew*1a,3, organic multi-coloured*1a & organic oatmeal*1a,d bread, coconut cake*1a,3,7, fresh fruit
	L veg.	Chickpea stew*1a,3,6, organic multi-coloured*1a & organic oatmeal*1a,d bread, coconut cake*1a,3,7, fresh fruit
	AC/S	Cheese snail pastry*1a,7,3, apple
	KS	Cheese snail pastry*1a,7,3, apple

## **ENJOY YOUR MEAL!**

<sup>\*</sup> In emergency situations, we reserve the right to change the menu \*\* The menu is designed for learners without food allergies. Indicated on the menu are only allergens that have been added to the dishes (not stated potential allergens in trace amounts). Prepared meals contain the following allergens: 1 cereals containing gluten (1a from wheat and spelt, 1b from rye, 1c from barley and 1d from oats), 2 crustaceans, 3 eggs, 4 fish, 5 peanuts, 6 soya, 7 milk & dairy products, 8 nuts, 9 leaf green, 10 mustard seed, 11 sesame seed, 12 sulphur dioxide, 13 lupines, 14 molluscs. \*\*\* Every day, we offer different kinds of bread, which may contain allergens \* 1,6,3,7,8. \*\*\*\* Information on allergens in dishes on the menu is available on the school website and the notice board before dining.