

# HOW TO ADAPT TO SLOVENIA ?

Were you ever worried how will you adapt to Slovenia? Read this blog and try your best to remember Slovenians are nice people so don't worry, they will help you.

## Main facts

- The official name is Republic of Slovenia, but nobody calls it like that so stick with Slovenia.
- It has just 2.1 million people (about the population of New Mexico, it's smaller than most cities) so it's normal that everybody knows everybody
- The capital of Slovenia is Ljubljana which I really recommend for you to visit, because it has a lot of attractions and it is green, like many cities aren't.
- In Slovenia they talk, Slovene, most of the tourists think that they talk Russian (NOT TRUE).



Slovenian flag

[https://www.bing.com/ck/a?!S&spc=3233f166ef09e6d4mtdH9MIY20TE2MIYwMCzPz3pZD0xYz03MDcwZS02N2E2LY4MCRMrRZ50xNIZjNjNjZ0TgmaV6zaWQ9NTQyNA&ptn=3&sh=3&fid=hc/7070e-47a6-6801-2d8e-156b63a66e98&u=all2itWwLcy9z2WfY2g\\_cTzbG9Z7V6zaZfrenFzIGFZ5zpzDjNFE500xMjMwNjQwOUJ0UjMB2REBfGD4YNT0RFBFBV6Q4Mh1JkZPk095FEGJkEB&itbl](https://www.bing.com/ck/a?!S&spc=3233f166ef09e6d4mtdH9MIY20TE2MIYwMCzPz3pZD0xYz03MDcwZS02N2E2LY4MCRMrRZ50xNIZjNjNjZ0TgmaV6zaWQ9NTQyNA&ptn=3&sh=3&fid=hc/7070e-47a6-6801-2d8e-156b63a66e98&u=all2itWwLcy9z2WfY2g_cTzbG9Z7V6zaZfrenFzIGFZ5zpzDjNFE500xMjMwNjQwOUJ0UjMB2REBfGD4YNT0RFBFBV6Q4Mh1JkZPk095FEGJkEB&itbl)

## Food manners

### TRADITIONAL FOOD

1. CARNIOLAN SAUSAGE - IT IS THE MOST FAMOUS SLOVENIAN FOOD. You can find it in the Gorenjska region. If you are cold, it will warm you up immediately. There were

several disagreements about who the Carniolan sausage would “belong” to, but at last, they decided that it will belong to the Gorenjska region.

[https://www.bing.com/images/search?view=detailV2&ccid=ZXAdDA8w&id=6EB3FF1E1FD8ECBE15FCB7C087F19C731D082385&thid=OIP.ZXAdDA8wMjXbh f\\_uzCR-kwHaDO&mediaurl=https%3a%2f%2fcdn.tasteatlas.com%2fimages%2fdishes%2fa10ccfb2fd14d65bde4547a089d712d.jpg&cdnurl=https%3a%2f%2fth.bing.com%2fth%2fid%2fr.65701d0c0f303235db85f1eecc247e93%3frik%3dhSMIHxOc8YfAtw%26pid%3dImgRaw%26r%3d0&expw=2800&q=kranjska+klobasa&simid=608047978148665040&FORM=IRPRST&ck=A586233F107800F3DF257F142A80804B&selectedIndex=0](https://www.bing.com/images/search?view=detailV2&ccid=ZXAdDA8w&id=6EB3FF1E1FD8ECBE15FCB7C087F19C731D082385&thid=OIP.ZXAdDA8wMjXbh f_uzCR-kwHaDO&mediaurl=https%3a%2f%2fcdn.tasteatlas.com%2fimages%2fdishes%2fa10ccfb2fd14d65bde4547a089d712d.jpg&cdnurl=https%3a%2f%2fth.bing.com%2fth%2fid%2fr.65701d0c0f303235db85f1eecc247e93%3frik%3dhSMIHxOc8YfAtw%26pid%3dImgRaw%26r%3d0&expw=2800&q=kranjska+klobasa&simid=608047978148665040&FORM=IRPRST&ck=A586233F107800F3DF257F142A80804B&selectedIndex=0)



Carniolan sausage

2. **PREKMURIAN LAYER CAKE** - Prekmurian layer cake is a juicy dessert, (it is made from poppy seeds, apple filling, cottage cheese filling, walnut filling, and an optional topping such as sour cream) the name suggests where you can find the tastiest ones.



Prekmurian Layer Cake

<https://www.bing.com/images/search?view=detailV2&ccid=MS8Cki4i&id=D0B7582C6AF1F798A32FC320B25A0A674BF161C9&thid=OIP.MS8Cki4iostkyAI3UQ11rAHaE8&mediaurl=https%3a%2f%2fwww.zlatapticka.si%2fwp-content%2fuploads%2fprekmurska-gibanica.jpg&cdnurl=https%3a%2f%2fth.bing.com%2fth%2fid%2fr.312f02922e22a2cb64c80977510235ac%3frik%3dyWHxS2cKWrlgww%26pid%3dImgRaw%26r%3d0&expw=1600&q=Prekmurska+gibanica&simid=608027358006359110&FORM=IRPRST&ck=975A3A27722FC117D9CE9CAD95FC038&selectedIndex=1>

3. **ŽGANCI** - Žganci is one of the simplest and most popular Slovenian foods. They are also considered a typical Slovenian farm dish. So go to a farm and they will be glad to serve you.



žganci

[https://th.bing.com/th/id/OIP.VBBQ7\\_VWBcsam4Qjujs90gHaEx?w=272&h=180&c=7&r=0&o=5&pid=1.7](https://th.bing.com/th/id/OIP.VBBQ7_VWBcsam4Qjujs90gHaEx?w=272&h=180&c=7&r=0&o=5&pid=1.7)

To find more traditional dishes, follow the link

[TOP 10 Traditional Slovenian Foods - CorD Magazine](#)

## ***TABLE MANNERS***

If you are in a restaurant or with someone put your phone aside and when the dish is served don't start eating immediately, but wait a little bit.

Different situations:

1. With Someone- Wait until he gets food
2. If you are a woman- You can start eating first but be polite and rather wait
3. At a party- Wait until your host says you can start eating (it could also be when you clink glasses)

If you are the host, always serve others first because with this you will show them that you are putting them first, and if you are served bread, DON'T bite into it but break it into small pieces and eat them one by one.

Look people in the eye when you clink glasses and if the toast is in your honor, wait until everyone else has taken a sip, and then you can take a SIP too.

## ***Dress code***

### **What to wear**



## Smart/Casual clothes

[smart casual clothes - Bing images](#)

With "casual dress", anything goes. If you are in town, dress casually but if you are working, then dress smart or ask your boss how to dress.

Learn more <https://www.dresscodefinder.com/what-it-means/casual-dress>

## Traditional clothes

**Because the holidays were something special, people had special clothes for those occasions.**

The traditional clothes of Slovenia are called a Narodna noša. There are different styles of this dress, the most well-known would be the Gorenjska. People usually don't wear it anymore, but if you go to a concert of traditional music, you might still see it.



<https://novice.si/page/sentjursko-gorenjska-nosa-v-sodobni-preobleki/>

To know what does it include, click the link [What is the traditional dress of Slovenia called? - Answers](#)

And to know more about Narodna noša click on the link [Traditional Slovenian Clothing | Sound of holiday](#)

### **School dress code**

*At most of the schools, the dress code is:*

- Students have to be dressed appropriately, their clothes need to be clean, modest and respectful.
- Students need to wear slippers.
- Students must wear appropriate sports clothes, rubber-soled slippers and remove all jewelry at PHE lessons.
- Long hair must be tied in a ponytail. (At PHE)
- PHE clothes should be washed regularly.
- At school, there are no uniforms but students are expected to dress respectfully and modestly.
- For presentations and events, we expect students to wear formal clothes.

## *Useful phrases*

*In Slovenia, even if you don't know somebody (especially if he/she is older) always say hello (especially if you are alone on the street).*

Hello - Živijo (more informal) or Dober dan

Thank you - Hvala

Yes - Ja

No - Ne

My name is \_\_\_\_ - Moje ime je \_\_\_\_\_

**Please** - Prosim

**Mr./Mrs.** - Gospod(g)/Gospa(ga)

**ONE** - ena      **TWO** - dva      **THREE** - tri      **FOUR** - štiri

**FIVE** - pet

Numbers click [Numbers in Slovenian \(omiglot.com\)](http://omiglot.com)

DAYS OF THE WEEK:

**Monday** - ponedeljek

**Tuesday** - torek

**Wednesday** - sreda

**Thursday** - četrtek

**Friday** - petek

**Saturday** - sobota

**Sunday** - nedelja

## *Main celebrations*

### **February 8 – Prešeren's day**

Slovenian culture is celebrated on February 8. The achievements of Slovenia's artists are rewarded, and cultural festivities are organized. There are sure some museums free so you can check who France Prešeren was.

## **May 1 and 2 – Labor Day**

Not content with a single day off in recognition of Labor Day, Slovenia takes both May 1 and May 2 for Labor Day celebration.

## **June 25 – Day of Slovene Statehood**

Statehood Day, or the Day of Slovene Statehood, celebrates Slovenia's independence from Yugoslavia, which it gained in 1991.

## **August 15 – Assumption Day**

Assumption Day, a religious holiday, is marked by church attendance and ceremonies in Slovenia.

## **October 31 – Reformation Day**

Reformation Day in Slovenia is associated with 16th century Lutheran reform and the printing of the first Slovenian language books. Reformation Day is both a public and religious holiday.

## **November 1 – All Saints' Day**

All Saint's Day in Slovenia is marked by public ceremonies and the visiting of memorials and graves.

AND THE MOST IMPORTANT ONE IS

### ***KURETOVANJE,***

- **Kurentovanje** is Slovenia's most popular and ethnologically significant carnival event first organized in 1960 by Drago Hasl.
- Kurentovanje is a type of celebration to scare "PUST" away, or to burn him. Slovenians celebrate this because they want spring to come and winter to go.

- In 2016, it was proclaimed as the 7th greatest carnival in the world by Lonely Planet.
- In today's festival, groups of *kurents* or *kurenti* wear traditional sheepskin garments while holding wooden clubs with hedgehog skins attached called *ježevke*, the noise of which is believed to chase away winter.



Kurent

Kurent - Bing images

<b>Begins</b>	11 days before Ash Wednesday (57 days before Easter)
<b>Ends</b>	Shrove Tuesday (47 days before Easter)
<b>2022 date</b>	15-25 February
<b>2023 date</b>	6-16 February
<b>2024 date</b>	19 February - 1 March

## *HOW TO USE TRANSPORT*

If you have problems with transport, here you will find some basic things about how to travel by Bus, Taxi, Bicycle...

### *BUS*



*In Slovenia we have a lot of numbers of buses and a lot of buses, so by that info you can guess that a lot of people travel by bus.*

*About bus stops: <https://www.lpp.si/>*

*To boards the bus, you need the card Urbana which you can find on the internet and to fill it you can go to Trafika where they can top it up for you or you can top it up at some bus stations.*

*When you are on the bus (especially if it is full), your personal space becomes a little bit smaller, so don't be afraid of all the people touching.*

*Don't be alarmed there are hardly no pickpockets on the bus.*

## **TAXI**

*To find a taxi, you can find it at the bus station or at a train station.*

*If there is an event, then there are some taxis waiting in front for sure.*

*Taxis in Slovenia:*

- *Taxi Ljubljana*

*041 970 970*

- *City taxi*

*041 970 970*

- *Taxi Metro*

*080 11 90*

## **TRAIN**

*The trains aren't as popular as the bus, but there are a lot of train stations in Ljubljana and in Slovenia. There are a lot of people on it but there are no pickpockets again. Like on the bus, you need Urbana but,*

*USSALLY, YOU HAVE TO BUY TICKETS ON THE BUS.*

*If the station for buying tickets is near you, then you may go for some food that you can sometimes eat on the train.*

## **BIKE, SKATE and SCOOTER**

*In Slovenia there are a lot of bikes and scooters. You can go by bike in most of the places but stick to the rules! And the electric scooters are popular too, you can see many people on them just going really fast so be really careful if you are walking.*

*There are many bike parks in Slovenia so you can go there by bike/scooter/skate any time and there are mostly always careful people in the park.*

# **SLOVENIAN ETIQUETTE**

## **Meeting and greeting**

- When meeting someone for the first time the most common greeting is a handshake and a welcoming smile. Also, at end of the meeting you shake hands.
- Close friends and family may kiss twice on the cheek.
- Slovenians are somewhat reserved and may not initially appear friendly to people to other cultures. However, once a relationship is built, this changes rapidly.

**SOMETIMES THIS HAPPENS BUT MIOSTLY THEY ARE FRIENDLY**

## **Gift giving**

- This is a culture where it is the thought that counts so the cost of the gift is not important.
- If invited to dinner at a Slovene's house, it is considered good manners to bring flowers to the hostess and a bottle of wine to the host.
- Gifts are usually nicely wrapped; there are no real color prohibitions.

## *Dinning etiquette*

- Arrive on time or 5 minutes after the scheduled time, as this demonstrates respect for your hosts.
- Dress casual smart and in clothes you might wear to the office.
- It is common to remove your shoes at the door. Most hosts will offer slippers to guests to wear.
- Slovenians tend to separate their business and personal lives. Therefore, it is a good idea to refrain from initiating business discussions in social situations.
- Expect to be offered some form of refreshments, even if you have not been specifically invited to a meal.

## *Main places worth a visit*

### Lipica

*Lipica is a village in the Municipality of Sežana in the Littoral region of Slovenia, close to the border with Italy. Lipica is one of the main tourist centers of Slovenia's Karst region and it is known for the Lipica Stud Farm, the origin of the Lipizzan horse*



[https://www.bing.com/images/search?view=detailV2&ccid=z7DzRd3v&id=7B4F76F747DD2E1EC74B4C5C4CFAAC3CEA412DC0&thid=OIP.z7DzRd3vzSwfMQ7ybEIRQQHaE8&mediaurl=https%3a%2f%2fh.bing.com%2fid%2fR.cfb0f345ddefcd2c1f310ef26c421141%3frik%3dwC1B6jys%252bkxcTA%26riu%3dhttp%253a%252f%252fwww.visit-postojna.si%252fen%252fimagelib%252fsource%252fdefault%252fOE\\_Turizem%252fFOTO%252fKobilarna\\_Lipica%252fGabriele-Boiselle3.JPG%26ehk%3d4of6i8lBc8brxa5eLHOKXC%252fYnRLqIV6AtWo52UjK6k%253d%26risl%3d1%26pid%3dlmgRaw%26r%3d0&expw=5184&q=lipica&simid=608009443692797804&FORM=IRPRST&ck=E155A1FBBC8965028E166E5FDD0EB790&selectedIndex=8](https://www.bing.com/images/search?view=detailV2&ccid=z7DzRd3v&id=7B4F76F747DD2E1EC74B4C5C4CFAAC3CEA412DC0&thid=OIP.z7DzRd3vzSwfMQ7ybEIRQQHaE8&mediaurl=https%3a%2f%2fh.bing.com%2fid%2fR.cfb0f345ddefcd2c1f310ef26c421141%3frik%3dwC1B6jys%252bkxcTA%26riu%3dhttp%253a%252f%252fwww.visit-postojna.si%252fen%252fimagelib%252fsource%252fdefault%252fOE_Turizem%252fFOTO%252fKobilarna_Lipica%252fGabriele-Boiselle3.JPG%26ehk%3d4of6i8lBc8brxa5eLHOKXC%252fYnRLqIV6AtWo52UjK6k%253d%26risl%3d1%26pid%3dlmgRaw%26r%3d0&expw=5184&q=lipica&simid=608009443692797804&FORM=IRPRST&ck=E155A1FBBC8965028E166E5FDD0EB790&selectedIndex=8)

*If you are a horse lover then you can ride them and be sure to take a picture, it's a one life chance.*

### Zelenci

*“There is nothing more beautiful in Europe than this,” wrote Sir Humphry Davy about the beauties of the Sava Valley with its waterfalls and lake.*

*Zelenci Springs is a nature reserve near the town of Kranjska Gora, in the far northwestern corner of Slovenia. It is the source of the Sava Dolinka River, a tributary of the Danube.*

*Visit this if you would like to see a green lake and watch it in all of its beauty and be in fresh mountain air.*

### Postojnska cave

*It is the second-longest cave system in the country (following the Migovec System) as well as one of its top tourism sites. The caves were created by the Pivka River. (You can find it in Postojna and buy the tickets on their web site.)*

*Visit this if you would like to see the miracle of caves.*

## *SOURCES*

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- “Zelenci.” *Wikipedia*, 25 Nov. 2021, en.wikipedia.org/wiki/Zelenci.

***THANK YOU FOR READING THIS BLOG, HOPE YOU LEARNED MORE ABOUT SLOVENIA AND THAT IT WILL BE EASIER FOR YOU TO ADAPT.***

*Feel Slovenia*

**By Gala Vavpetic, 6.M, English, Summative assessment.**