

## **Creating a high-quality curriculum with the impact of the adolescent brain research in mind**

The teenage brain is fascinating and much researched. Educational conferences are filled with keynote speakers explaining the best approach for this captivating age group. Oftentimes in practice, many middle school teachers struggle with behavior, motivation and learning successes in their classrooms. Teachers with good intentions, revert back to dated methods when presented with challenging middle school behavior. In this presentation I will share findings of the adolescent brain research, define the difficulties teachers face in middle schools and discuss possible avenues to come to a productive work environment with students. You will learn how to recognize teenage behavior, reshift your reaction and provide students with an outcome where no one loses.



Ines Schreiner has been an educator for over 20 years in both the United States and Austria. She has experience working in SEN, Language and Literature and School Counseling. Since 2020 she is the Head of Secondary School and now the Director at the International School of Carinthia in Velden, Austria. Ines has completed professional development in both Elementary and Middle School teachers training at the Pädagogische Hochschule Hasnerplatz in Graz, Austria. She is a 6 year participant of the Learning and the Brain conference in San Francisco, where the newest developments of the adolescent brain research is presented. Ines is leading professional development workshops, such as the the Kosovo Learning summit and she recently spoke at the COBIS (Council of British International Schools) on the topic of How to support the mental health of students during covid times in International Schools. In summer 2022 Ines presented this exact workshop at the IB Global conference in San Diego, USA.