

Natalija
Augustinovič

Priložnosti, Ki Jih Ima Šola V Času Družbene Tesnobe (Slovenian)

Abstract:

In my article I'm stating the concerning facts about the increase of problems on the matter of mental health. I'm defining the term anxiety, stating how they are visible in the school environment. I'm thinking about school as a place of opportunity to empowerment our students that are dealing with different challenges. I contemplate on the already existing preventive programs and present the ones that I use while working with my students. I focused on the activities in the area of the reality therapy and neurolinguistic programing. At the same time, I also think about the role of teachers in the future schools. I'm closing with the realization that school of future need a teacher, that expand the horizon further than teaching students to look for knowledge, think, work as a team, but to also teach pupils how to take care of their mental health. Teacher in school of future desires to empower young people for facing challenges that life throws in their way. We can not ignore the role of government, which should show more support to teachers on their path.

Keywords: anxiety, preventive activities, mental health, opportunities, teachers role